



More About Homeopathic Remedies

Traditional homeopathic remedies are usually derived from a single plant or mineral. The plant or mineral is then steeped in water, and a solution is made. This solution is then diluted many times, until a final solution - or tincture - is made which usually contains only nano-particles of the original substance. This is often confusing: how can a tincture be beneficial when it contains little of the original plant or mineral?

What homeopathy captures is the 'essence' of a substance, or its frequency. You can achieve this by digital means too. And it is the frequency of a substance, paradoxically, which can effect the deepest detoxifications & rebalancing processes of the body.

If you understand Quantum Physics, one of the main principles is that 'everything is energy', so everything has a frequency, whether animate or inanimate. And we can learn to dramatically improve our health by coming into contact with beneficial frequencies, and minimising our exposure to negative ones.